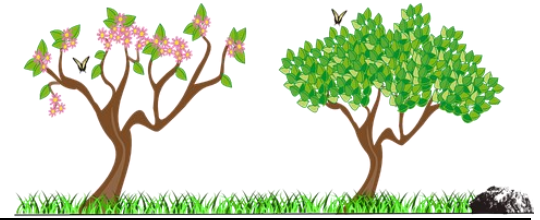






APRIL 2019

1503 Fourth Street NW Albuquerque NM 87102
 Call 1-844-366-2472
 Open Monday-Friday 8:30am– 3:30pm



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 	2 	3 11am-1pm Retrain Your Brain 12-1p gentle chair Yoga w/ Stephanie	4	5 National Walk to Work or Take a Walk Day! 	6
7	8	9	10 11am-1pm Retrain Your Brain	11	12 National Grilled Cheese Day	13
14	15 TAX DAY 11:00a-12:30p Alternative Behavior Strategies 12:30-1:30 Paint & Coffee Hour	16	17 11am-1pm Retrain Your Brain	18	19 	20
21 	22  Take a walk in Nature today! Earth Day!	23 	24 11am-1pm Retrain Your Brain <i>Administrative Assistant Day</i>	25	26	27
28	29	30		