



# October 2018

1503 4th Street NW, Albuquerque 87102  
 Call 1 (844) 366-2472  
 Hours of Operation: Monday – Friday 8:30am– 3:30pm



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <b>11:00a-12:30p</b> Alternative Behavior Strategies <b>International Coffee Day</b>	2	3 <b>11am-1pm</b> Retrain Your Brain <b>12-1p gentle chair Yoga w/ Stephanie</b>	4 <b>National Taco Day</b> 	5	<b>6 Balloon Fiesta</b> 
7 	8 <b>11:00a-12:30p</b> Alternative Behavior Strategies 	9 	10 <b>11am-1pm</b> Retrain Your Brain 	11 	12 	13 
<b>14 End Balloon Fiesta</b> 	15 <b>11:00a-12:30p</b> Alternative Behavior Strategies <b>12:30-Paint, Coffee, and Conversation</b>	16	17 <b>11am-1pm</b> Retrain Your Brain	18 <b>Chocolate Cupcake Day</b> 	19	20
21  <b>National Apple Day</b>	22 <b>11:00a-12:30p</b> Alternative Behavior Strategies	23	24 <b>11am-1pm</b> Retrain Your Brain	25	26  <b>National Pumpkin Day</b>	27
28	29 <b>11:00a-12:30p</b> Alternative Behavior Strategies	30	31 <b>11am-1pm</b> Retrain Your Brain <b>HALLOWEEN POT LUCK COSTUME PARTY</b>			