

Partners

ARCA

www.ARCASpirit.org

Leslie Hoelzel, Grant Manager,
CAP-NM Project Manager
Contact: 505-332-6847
lhoelzel@arcaspirit.org

Arielle Bernier Oetzel, Community Associate
Contact: 505-332-6855
abernier@arcaspirit.org

NorthPointe Resources
www.NorthPointeResources.org

Dina Donohue-Chase, Senior Vice President
Vocational Services,
CAP-IL Project Manager
Contact: 847-731-5733
ddonohue@northpointeresources.org

Kristin Krok, Community Associate
Contact: 847-731-5707
kkrok@northpointeresources.org

University of Illinois at Chicago
HealthMattersProgram.org

Beth Marks, CAP Project Director, Research
Associate Professor
Contact: 312-413-4097
bmarks1@uic.edu


Jasmina Sisirak, Associate Project Director
Contact: 312-996-3982
jsisirak@uic.edu

In collaboration with the
Rehabilitation Research and
Training Center on Aging with
Developmental Disabilities,
Department of Disability and
Human Development,
University of Illinois at Chicago



 **NorthPointe Resources**




Community Academic Partnership
HEALTHMATTERS
1640 W Roosevelt Road, Suite 736
Chicago, IL 60608-6904

*Funding source: Eunice Kennedy Shriver National
Institute of Child Health & Human Development,
RC4HD066915*


Community Academic Partnership
HEALTHMATTERS
for People with
Developmental Disabilities



www.healthmattersprogram.org



HealthMattersCAP



@HealthMCAP

HealthMatters™ Community Academic Partnership

Real People

Practical Solutions

Real Changes

Real People

HealthMatters™ Community Academic Partnership (CAP) is a collaboration between University of Illinois at Chicago and two community based organizations, ARCA (New Mexico) and NorthPointe Resources (Illinois), that aims to improve health of people with developmental disabilities (DD).

Our Goals

- Develop and share tools for bidirectional health promotion research, service-learning, and training.
- Support program development, implementation, and evaluation for health promotion and disease prevention.
- Disseminate and integrate evidence-based health promotion services for people with DD.

Practical Solutions to Improve Health

Through HealthMatters™ CAP, we aim to engage community partners to:

1. Identify organizational needs and capacity for health promotion.
2. Generate relevant questions and actively participate in developing and implementing research and service learning initiatives.
3. Apply research and service learning results for use in practical activities.
4. Connect with local community in cooperative experiences to promote health of people with DD.
5. Disseminate evidence-based health promotion products and trainings.

**Improving health status and
optimizing community
participation among people with
developmental disabilities**

Real Changes

HealthMatters™ On-Site and Customized Trainings

Instructor-led workshops and trainings are conducted on-site, via webinar, or in conjunction with meetings, conferences, and other events.

Evidence-Based Workshops

- **HealthMatters Train the Trainer:** Certified Instructor Workshop
- **Health Advocacy for People with Developmental Disabilities**
- **Signs & Symptoms:** Recognizing Emerging Health Concerns
- **HealthMessages Peer-to-Peer Program**

Customized Trainings

- **HealthMatters 4kids:** Today Counts for Diabetes Prevention
- **Getting the Memo HealthMatters:** It's Everyone's Job!
- **Are You and Your Organization Ready for HealthMatters?**
- **HealthMatters for Community-Academic Partnerships:** Shared Responsibilities and Shared Benefits
- **Enhancing Community Based Options for End of Life Care**