

*Real People*

*Practical Solutions*

*Real Changes*



In collaboration with the Rehabilitation Research and Training Center on Aging with Developmental Disabilities, Department of Disability and Human Development, University of Illinois at Chicago



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## HealthMatters™ On-Site and Customized Trainings

Instructor-led workshops and trainings can be conducted on-site, Webinars, and in conjunction with meetings, annual or regional conferences, and other sponsored events.

### Evidence-Based Workshops

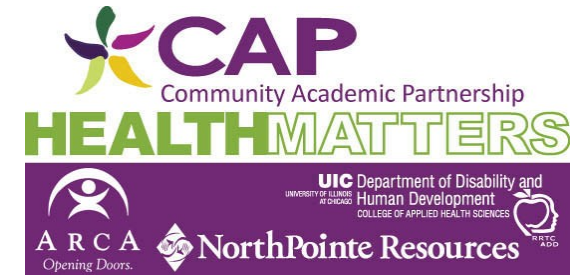
- Health Matters Instructor's Workshop: Starting a Sustainable Exercise and Nutrition Health Education Program for People with Developmental Disabilities
- Building Capacity among Health Professionals and Support Personnel: Promoting Health Advocacy among Persons with Developmental Disabilities
- Continuity of Care: Recognizing Early Signs and Symptoms of Emerging Health Concerns

### Customized Trainings

- Getting the Memo: It's Everyone's Job!
- Health Matters for Community-Academic Partnerships: Shared Responsibilities and Shared Benefits
- Implementing Health Promotion: Is Your Organization Ready?
- Enhancing Community Based Options for End of Life Care (in development)



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## HealthMatters™ for People with Developmental Disabilities

*Improving health status and optimizing community participation among people with developmental disabilities*

For more information, visit our website at:  
[HealthMattersProgram.org](http://HealthMattersProgram.org)

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## HealthMatters™ Community Academic Partnership

### About Us

Community Academic Partnership (CAP) is a collaboration between University of Illinois at Chicago and two community based organizations, ARCA (New Mexico) and NorthPointe Resources, Inc. (Illinois) that aims to improve health of people with developmental disabilities (DD).

### Our Goals

- Develop and share tools for bidirectional health promotion research, service-learning, and training.
- Support program development, implementation, and evaluation for health promotion and disease prevention.
- Disseminate and integrate evidence-based health promotion services for people with DD.

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## Practical solutions to improve health

Through HealthMatters™ CAP, we aim to engage community partners to:

1. Identify organizational needs and capacity for health promotion.
2. Generate relevant questions and actively participate in developing and implementing research and service learning initiatives.
3. Apply research and service learning results for use in practical activities.
4. Connect with local community in cooperative experiences to promote health of people with DD.
5. Disseminate evidence-based health promotion products and trainings.

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### HealthMatters™ CAP

envisions people with DD being empowered to take charge of their health by building capacity among their community-based support networks.

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## Partners

### ARCA

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### NorthPointe Resources, Inc.

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